

Sioux Falls YMCA Aquatics

Check-in Policy

Individuals in fourth grade and older must enter pool area through the locker rooms.

Adults and children of the same gender shall use the Adult Basic locker rooms.

Children younger than fourth grade and accompanying adult may enter through red pool deck doors if adult of same gender is NOT present.

Pool Schedule

Open Swim: Youth, in fourth grade and older and able to follow rules, may be in the pool on their own without a parent or guardian present. Families and other adults are also welcome during these times.

- Rysdon Pool, the slide, rafts, noodles and flotation devices are available to use.
- Training Pool: a basketball hoop, balls, noodles, diving rings, and flotation devices are available to use.

Lap Swim: Individuals in fourth grade through 15 years of age with a parent and those 16 years old and older who swim laps (continuous swimming in a lane) may lap swim. Individuals over 18 may water walk if space is available.

Swim Test: Will be required for youth under high school age. Appropriate wrist band will be given to wear during swim time.

Please contact Dana Haan or Emily Carstensen at (605) 336-3190 ext. 241 for questions.

*Schedule subject to change without advance notice.