



**SIOUX FALLS FAMILY  
YMCA PARENT'S TIME  
OUT POLICY GUIDE**

Looking for Saturday night childcare so you can head out on the town with your friends, or stay in for the night and get caught up on your favorite Netflix series? Parent's time out is the perfect place for your kids! While you enjoy a night to yourself, your kids are having tons of fun at the local YMCA!

Parent's time out is offered on Saturday night from 6:00-10:00pm for members and non-members. For Sioux Falls Family YMCA members, Parent's Time Out is a perk of your membership; there's no cost to you! For non-members, Parent's Time Out is an inexpensive cost of \$12 for the whole evening!

## **What do you do at Parent's Time Out?**

### **Check out our nightly schedule:**

6:00-6:30pm Drop off and Opening Activities

6:30-7:00pm Pizza Dinner

7:00-7:30pm Rotation 1

7:30-8:00pm Rotation 2

8:00-10:00pm Movie and Pick up

Our opening activities and rotations vary from week to week, but may include: Basketball, Racquetball, Dodgeball, Foosball, Air Hockey, Legos, Crafts, Coloring... the list goes on and on!

Pizza dinner is an additional cost of \$5.00 for members and non-members.

## **Who can attend Parent's Time Out?**

Anyone between the ages of 3 and 12 is welcome to attend our Parent's Time Out! Children must be completely potty trained by themselves.

## **What else can you tell me about Parent's Time Out?**

- Parent's Time Out is located at our DOWNTOWN location, 220 S Minnesota Ave.
- You will receive a ticket when you leave that has your child's name on it. To ensure the safety of all YMCA Parent's Time Out members, this ticket **MUST** be returned when you pick up your child.
- Your child must be picked up **BY** 10:00pm.

# Contact Information

## **Emilie Kennedy**

Youth Development Specialist

220 S Minnesota Ave

Sioux Falls, SD 57104

605.336.3190 EXT. 17

## **Sioux Falls Family YMCA**

220 S Minnesota Ave

Sioux Falls, SD 57104

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welcome@siouxfallsymca.org

## **Parent's Time Out Phone Number:**

605.370.7225